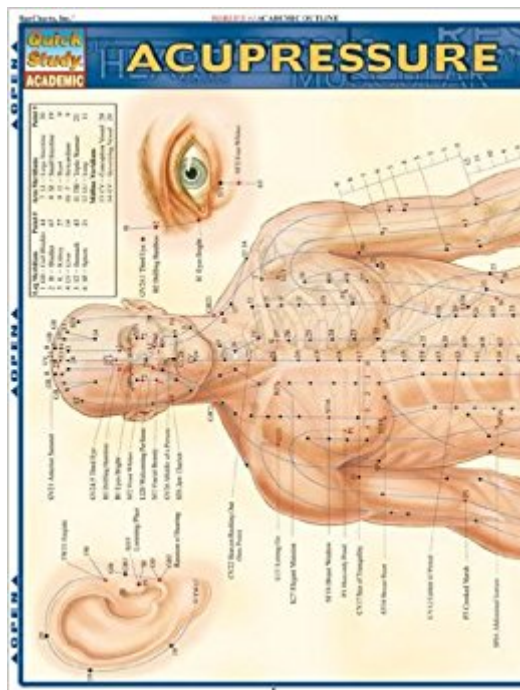


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# Acupressure (Quickstudy: Academic)



## Synopsis

Complete, labeled illustrations of acupressure points in the human body. From pre-teen to pre-med, this chart is loaded with beautifully illustrated diagrams, clearly and concisely labeled for easy identification. Illustrations by award-winning medical illustrator Vince Perez.

## Book Information

Series: Quickstudy: Academic

Pamphlet: 6 pages

Publisher: QuickStudy; 1 Chrt edition (January 7, 2005)

Language: English

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Product Dimensions: 8.5 x 11 x 0.1 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 390 customer reviews

Best Sellers Rank: #6,385 in Books (See Top 100 in Books) #3 in [Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure](#) #27 in [Books > Medical Books > Basic Sciences > Anatomy](#) #38 in [Books > Deals in Books](#)

## Customer Reviews

You will need to have a resource that allows you to look up what the numbers and letters mean and what they are good for. But the spots are produced in a way that you can see them pretty precisely. It doesn't tell you how to measure the cun to get where you want to be - so again you will have to have a resource book for that. It's laminated so it should hold up pretty well.

If you are interested in know what acupressure points to use and for what this is a must

Great, pre-laminated tri-fold chart that's easy to follow. It came with punched holes on the edge so it can be hung up or kept in a 3-ring binder. Mine hangs on the wall where I can turn it over as I follow along with the sequence of meridians with my clients. I would buy this again, and even more so if they made a larger wall-sized one I can hang in my treatment room.

For me, the massage therapy acupressure tool, along with acupressure chart, were more helpful than 12 physical therapy sessions and I continue to benefit from both!

Easy to use, easy to follow. I bought the epidermal layer acupuncture tabs and have loved being able to self-treat at home in-between sessions. This comes laminated to boot so easy to store and durable.

This chart would be very useful if it wasn't so full of mistakes. UB-40 is on the Back-Shu line instead of the Popliteal crease. St-17 is on the chest, but not in the center of the nipple (where it should be), Ren-8 is too low, as is HT-1. I could go on, but I'm sure you get the idea. There are great charts out there, this just isn't one of them. Permacharts, for example, makes a nice 8.5x11" chart.

Nice chart that is plastic coated and folds into thirds. I like all of their products as they are informative and well made.

I am new to acupuncture and have been looking for a nice quick-reference guide. This one certainly fits the bill. It is made to go in a three-ring binder, and has every accupoint you will probably ever need labeled. It has some really nice "zoomed in" views of certain parts of the body (ie ears, eyes, etc) that have many accupoints close together, so that you can see them more clearly. I'm very happy with this reference guide. It was worth the money!

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